

HOW TO SEE BETTER

Presented by
International
Vision Trainer
Katrina Patterson
from
London, England



Strategies
for Improving
Your Eyesight
Naturally, Using
the Bates Method,
The Tibetan Wheel,
Pranic Healing,
Yoga, and NLP

Natural Vision Improvement Workshop April 22-23, 2006

Learn how to regain your natural clear vision by doing simple and gentle exercises.

Saturday & Sunday,

April 22-23, 2006

9 am-4:30 pm

Hidden Springs

Wellness Center

1651 Siskiyou Blvd

in Ashland, Oregon

Exercise your ability to see naturally without any glasses, contact lenses or surgery. This program is effective for typical vision problems like myopia (nearsightedness), astigmatism, presbyopia (middle age sight) hyperopia (farsightedness) etc., which are mostly habits of vision. Remember that over 98% of us are born with perfect vision.

If you are interested in improving your vision through your own efforts and taking care of your eyes, please join us for this important event filled with practical tools you can use right away. You will get the latest information and techniques on natural vision improvement and expand your abilities to see.

Questions? E-mail Katrina directly in London at katrina@key2.demon.co.uk Read Katrina's article on Natural Vision Improvement at www.nlporegon.com

Space for 30 participants; Tuition, \$149; Guaranteed satisfaction

Sponsored by Lindagail and Associates NLP Institute of Oregon
For info. contact Lindagail at LgNLP@aol.com or 541.535.5932